

Spotlight on Parkinson's Disease: Living Well Everyday



Biography



Lisa Sommers, MA, CCC-SLP

Clinic Director, Center for Language, Speech and Hearing Clinical Assistant

Professor

Department of Communication Disorders

University of Massachusetts Amherst

Amherst, MA

Lisa Sommers, MA, CCC-SLP has been a speech-language pathologist in clinical practice for 30 years. Her particular area of clinical interest and expertise is the evaluation and treatment of adults with neurogenic communication and swallowing disorders, particularly in the area of Parkinson's Disease. She works at the University of Massachusetts Amherst as Clinic Director of the Center for Language, Speech and Hearing, and as Clinical Assistant Professor in the Department of Communication Disorders. Among many other activities, Lisa and her graduate students run an annual Parkinson's Disease Communication and Swallowing Wellness group. She particularly enjoys taking graduate students to area APDA-sponsored Parkinson's Disease support groups to help them connect with the real impact of the disease on people's lives, as well as to provide education regarding communication and swallowing to the community. She has a strong interest in developing outreach activities focusing on a variety of speech, language, voice, swallowing and hearing areas, as well as furthering the department's advocacy efforts for improving access to speech-language pathology and audiology services.



Stacey Zawacki, DrPH, RD

Director, Sargent Choice Nutrition Center

Clinical Assistant Professor

Boston University

College of Health & Rehabilitation Sciences: Sargent College
Boston, MA

Stacey Zawacki, DrPH, RD is the Director of the Boston University Sargent Choice Nutrition Center (SCNC) and a Clinical Assistant Professor in the Health Sciences department at Boston University's College of Health & Rehabilitation Sciences: Sargent College. She is a licensed, registered dietitian nutritionist (RDN) with a Master's degree in Exercise Science from Sargent College and a Doctoral degree in Public Health from Boston University's School of Public Health. Dr. Zawacki founded the SCNC (www.bu.edu/scnc) in 2004. Under Dr. Zawacki's leadership, the SCNC team of RDNs provides comprehensive, multi-level nutrition services to Boston University and the greater Boston communities. Dr. Zawacki has enjoyed collaborating with interdisciplinary colleagues at Boston University to support the nutrition needs of people with Parkinson's Disease since 2008. She has presented Nutrition Essentials for Parkinson's Disease to various APDA groups and serves as a resource to the Good Start Program for people with Parkinson's Disease and their family members.