

Spotlight on Parkinson's Disease: Staying Healthy, Keeping Fit



Biography



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Terry Ellis, PhD, PT, NCS is an Assistant Professor at Boston University, College of Health & Rehabilitation Sciences in the Department of Physical Therapy & Athletic Training. Dr. Ellis is also the Director of the Center for Neurorehabilitation at Boston University and the Director of the American Parkinson Disease Association National Rehabilitation Resource Center housed at Boston University. Her research focuses on investigating the impact of exercise and rehabilitation on the progression of disability in individuals with Parkinson's disease. She has a particular interest using mobile health technology to help persons with Parkinson's disease to engage in lifelong exercise. Dr. Ellis has a PhD in Behavioral Neurosciences from Boston University School of Medicine and is a licensed physical therapist with board certification in Neurologic Physical Therapy. She has published numerous articles and lectures internationally on topics related to rehabilitation and exercise in persons with Parkinson's disease.