



## Biographies



**Marie Saint-Hilaire, MD, FRCPC**

*Professor of Neurology*

*Medical Director for the Parkinson's Disease and Movement Disorders Program*

*Director, APDA Center for Advanced Research at Boston University*

Boston University Medical Campus

Boston, MA

Marie Saint-Hilaire, MD, FRCPC, is a Professor of Neurology and the Medical Director of the Parkinson's Disease and Movement Disorders Center at Boston University Medical Center. She is board certified in Neurology and fellowship trained in Movement Disorders. She is also the Director of the American Parkinson Disease Association Center for Advanced Research at Boston University. She has participated in over 50 research studies as Principal Investigator and Co-Investigator and frequently collaborates with other disciplines to design and implement clinical trials in addition to a large clinical practice devoted to movement disorders (primarily Parkinson's disease [PD]). She currently serves on the Executive Committee of the Parkinson Study Group (PSG) and is a member of the American Parkinson Disease Association (APDA) Scientific Advisory Board.



**Cathi A. Thomas, MS, RN, CNRN**

*Assistant Clinical Professor of Neurology*

*Program Director, Parkinson's Disease and Movement Disorders Center*

Boston University Medical Campus (BUMC) Coordinator,

American Parkinson Disease Association Information & Referral Center at BUMC

Boston, MA

Cathi A. Thomas, MS, RN, CNRN, is an Assistant Clinical Professor of Neurology and Program Director of the Parkinson's Disease and Movement Disorder's Center at Boston University Medical Center. As a Clinical Nurse Specialist in Neurorehabilitation, she has developed evidenced based programs designed to support the impact of Parkinson's disease on an individual and family member. Her research focuses on rehabilitation and self-management strategies in PD. She has participated in over fifty clinical trials and is an active member of the Parkinson Study Group (PSG). As Coordinator of the APDA Information and Referral Center at BUMC, she regularly speaks to patient groups and educates community and health care professionals about PD. She has co-authored *Parkinson's Disease; A Guide to Patient Care*.