

## Spotlight on Parkinson's Disease: Keeping Your Mind and Body Healthy



## **Biography**



Cristina Colón-Semenza, PT, MPT, PhD Assistant Professor Doctor of Physical Therapy Program University of Connecticut Storrs, CT

Cristina Colón-Semenza, PT, MPT, PhD, is an assistant professor at the University of Connecticut in the Doctor of Physical Therapy program. Dr. Colón-Semenza has extensive experience working as a physical therapist across the spectrum of neurological disorders and across practice settings. Additionally, she is a Board-Certified Clinical Specialist in Neurologic Physical Therapy. She has published several peer-reviewed articles and has presented both regionally and nationally on topics related to neurologic physical therapy practice.

Dr. Colón-Semenza is now focused upon determining best strategies to enhance the use of physical activity and physical therapy in the management of neurodegenerative diseases, specifically in underrepresented groups. Additionally, she is interested in physical therapy management of mental health conditions. She is active in the American Physical Therapy Association nationally and locally. She is a board member of the Connecticut chapter of the American Parkinson Disease Association.