

Medications To Be Avoided Or Used With Caution in Parkinson's Disease

This medication list is not intended to be complete and additional brand names may be found for each medication.

Every patient is different and you may need to take one of these medications despite caution against it. Please discuss your particular situation with your physician and do not stop any medication that you are currently taking without first seeking advice from your physician. Most medications should be tapered off and not stopped suddenly.

Although you may not be taking these medications at home, one of these medications may be introduced while hospitalized. If a hospitalization is planned, please have your neurologist contact your treating physician in the hospital to advise which medications should be avoided.

Medications to be avoided or used with caution in combination with Selegiline HCL (Zelapar®), Rasagiline (Azilect®) and Safinamide (Xadago®)

Medication Type	Medication Name	Trade Name®
Narcotics/Analgesics (see note below)	Meperidine	
	Tramadol	Ultram
	Methadone	Dolophine
Antidepressants (see note below)	St. John's Wort	Several Brands
Muscle Relaxants	Cyclobenzaprine	Flexeril
Cough Suppressants	Dextromethorphan	Robitussin products, other brands— found as an ingredient in various cough and cold medications
Decongestants/Stimulants	Pseudoephedrine Phenylephrine Ephedrine	Sudafed products, other brands— found as an ingredient in various cold and allergy medications
Medications that inhibit Monoamine oxidase non-selectively	Linezolid (antibiotic)	Zyvox
	Phenelzine	Nardil
	Tranylcypromine	Parnate
	Isocarboxazid	Marplan

Note: Additional medications are cautioned against in people taking Monoamine oxidase inhibitors (MAOI), including other opioids (beyond what is mentioned in the chart above), most classes of antidepressants and other stimulants (beyond what is mentioned in the chart above). However, there are patients who have successfully taken these medications in combination. Please discuss these medications with your neurologist. Antidepressants that are also MAOIs are absolutely contraindicated.



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Medications to be avoided or used with caution in all patients with Parkinson's disease

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Parkinson's	
Block dopamine receptors, but dissociate from the receptor more quickly than typical antipsychotics. They also tend to block serotonin receptors in addition to dopamine receptors. The result is less parkinsonism than that caused by the	
	osychotics.
	opamine)
	the brain, which
	can worsen Parkinson's symptoms
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Note: If an antipsychotic that blocks dopamine receptors needs to be used, atypical antipsychotics are better choices than typical antipsychotics. Clozapine (Clozaril[®]) and Quetiapine (Seroquel[®]) are dopamine blockers with the least risk of worsening Parkinson symptoms. Pimavanserin (Nuplazid[®]) is a serotonin inverse agonist and was approved specifically for use as an antipsychotic in patients with Parkinson's disease.

The information contained in this supplement is solely for the information of the reader. It should not be used for treatment purposes, but rather for discussion with the patient's own physician.

AMERICAN PARKINSON DISEASE ASSOCIATION

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