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Brachytherapy

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Results of APBI Clinical Trials Using Intracavitary Single- and Multi-Channel Breast Brachytherapy Applicators

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Disclosure

Frank A. Vicini, MD, FACR, does not have any financial relationships or products or devices with any commercial interest related to the content of this activity of any amount during the past 12 months.

Outline

- Review the latest APBI data
- Update status of APBI (brachytherapy) as an option to deliver adjuvant radiation after lumpectomy using balloon-based brachytherapy



Latest APBI Data — Outcome versus Technique

- Catheter-based brachytherapy
- MammoSite/Contura (balloon devices)
- SAVI

Published APBI Results — Catheter-Based Brachytherapy (>10 years)

Institution	# Patients	Follow-Up (Months)	% Local Recurrence
NIO-Hungary (phase II)	45	136	9.3*
RTOG 95-17	99	146	6.2
Hungary Phase III	129	144	6
WBH	199	113	5*
Orebro University	50	86	4+
MGH	48	84	2
Tufts/Brown University	33	84	9
NIO-Hungary (phase III)	128	81	4.7
Oschner Clinic	51	75	2.0
RTOG 95-17	99	74	4.0
Joe Arrington Cancer Center	214	72	4.2
German-Austrian MC Trial	171	71	--
University of Wisconsin***	136	60	4.8
Tufts-Brown University	33	58	6
Washington University	192	55	2.1
VCU	59	50	5.1
University of Wisconsin	247	48	3**
Joe Arrington Cancer Center	136	48	3.7
German-Austrian MC Trial	274	38	0.4
University Kansas	24	37	0
University of Perugia, Italy	80	30	0
Florence Italy	90	27	4.4
Totals	2309	27-136	0-9%

*12-year rate, += 7-year rate; ** High-risk patients; ***ASTRO Cautionary Group.



Published APBI Results — Balloon/Device-Based Brachytherapy (<10 years)

Institution	# Cases	Follow-Up (Months)	% Local Recurrence
FDA Trial	43	66	0%
ASBS Registry	400	60	3.2%
NY Hospital/Cornell (DCIS)	48	60	6.3%
University of Wisconsin	26	48.5	3%*
ASBS Registry Trial	1449	51	2.6%
MUSC	99	46	3.1%
Texas Cancer Center	573	31	1.0%
Rush	70	26	6%
WBH	80	24	2.9%
VCU	483	24	1.2%
Tufts/VCU/NEMC	28	19	0%
Single Institution Experiences	1000	2-12	0-3%
Totals	3899	2-66	0-6.3%

*High-risk patients

Applicator APBI

- **ASBS MammoSite Registry Trial**
 - 1449 patients prospectively entered
 - 2002-2004
 - Single-lumen catheter (no longer utilized)
 - Final analysis (Shah et al, Ann Surg Onc 2013)
 - Median follow-up: 63 months
 - 5-year local recurrence: **3.8%**
 - 5-year local recurrence DCIS: **4.1%**
 - 5-year local recurrence IDC: **3.7%**
 - 91% excellent/good cosmesis



Applicator APBI

Number of breasts (All breasts)	All		Invasive Cases		DCIS Cases	
	N=1449	5-yr	N=1255	5-yr	N=194	5-yr
	5-Yr N (%)	Actuarial Rate	5-Yr N (%)	Actuarial Rate	5-Yr N (%)	Actuarial Rate
Ipsilateral breast tumor recurrence	41 (2.8)	3.8%	34 (2.7)	3.7%	7 (3.6)	4.1%
TR/MM failure	12 (0.8)	1.1%	8 (0.6)	0.9%	4 (2.1)	2.1%
Elsewhere failure	29 (2.0)	2.8%	26 (2.1)	2.9%	3 (1.5)	2.1%
Axillary failures	9 (0.6)	0.8%	8 (0.6)	0.8%	1 (0.5)	0.6%
Distant metastases	26 (1.8)	2.4%	25 (2.0)	2.7%	1 (0.5)	0.6%
Disease-free survival	---	86.1%	---	85.2%	---	92.2%
Cause-specific survival	---	98.7%	---	98.2%	---	99.4%
Overall survival	---	92.4%	---	91.0%	---	96.9%
Contralateral failure	22 (1.5)	2.1%	20 (1.6)	2.2%	2 (1.0)	1.3%

Applicator APBI

- **ASBS MammoSite Registry Trial**
 - Final toxicity analysis (Shah et al, Brachytherapy 2013)
 - Rate of any complication:
 - 24% at 1 year
 - 39% at any time
 - Similar to WBI
 - Noninfectious
 - 15% at 1 year
 - 29% at any time
 - Symptomatic seroma: 13.4% at any time
 - Fat necrosis: 2.5%
 - Infection: 9.6%
 - Telangiectasia: 13.0%



Applicator APBI — Cosmesis

Table 2
Cosmetic outcomes

Visit (mo)	N	Excellent/good cosmesis	First 400 cases—excellent/good cosmesis	
			N	
12	1018	963 (94.6)	277	260 (93.9)
24	859	806 (93.8)	234	217 (92.7)
36	768	716 (93.2)	211	192 (91.0)
48	681	620 (91.0)	182	163 (89.6)
60	484	442 (91.3)	155	136 (87.7)
72	357	323 (90.5)	108	89 (82.4)
84	331	300 (90.6)	96	84 (87.5)
Last visit ≥ 72 months	445	403 (90.6)	135	118 (87.4)

Published Results: Contura MLB

Author/Institution/Title	# of Patients	Publication Status	Journal
Cuttino, et al./VCU – Massey Cancer Ctr A COMPARISON OF SKIN AND CHEST WALL DOSE DELIVERED WITH MULTI CATHETER (MC), CONTURA MULTI LUMEN BALLOON (CMLB), AND MAMMOSITE (MS) BREAST BRACHYTHERAPY	171	Published – November 2010	IJROBP (Red Journal)
Vicini, Arthur, Todor, Julian, Lyden DOSIMETRIC IMPROVEMENTS IN BALLOON BASED BRACHYTHERAPY USING THE CONTURA® MULTI-LUMEN BALLOON (MLB) CATHETER TO DELIVER ACCELERATED PARTIAL BREAST IRRADIATION	194	Published – March 2010	Contemporary Journal of Brachytherapy
Israel, et al./The Breast Center – Marietta, GA INITIAL SURGICAL EXPERIENCE EVALUATING EARLY TOLERANCE AND TOXICITY IN PATIENTS UNDERGOING ACCELERATED PARTIAL BREAST IRRADIATION USING THE CONTURA MULTI LUMEN BALLOON BREAST BRACHYTHERAPY CATHETER	46	Published – November 2009	The American Surgeon
Brown, et al./ WellStar Kennestone A DOSIMETRIC COMPARISON OF THE CONTURA MULTI LUMEN BALLOON (C-MLB) BREAST BRACHYTHERAPY CATHETER VERSUS THE SINGLE LUMEN MAMMOSITE (MS) BALLOON DEVICE IN PATIENTS TREATED WITH ACCELERATED PARTIAL BREAST IRRADIATION AT A SINGLE INSTITUTION	33	Published – September 2010	Brachytherapy
Arthur, Vicini, Todor, Julian, Lyden IMPROVEMENTS IN CRITICAL DOSIMETRIC ENDPOINTS USING THE CONTURA MULTI LUMEN BALLOON (MLB) TO DELIVER ACCELERATED PARTIAL BREAST IRRADIATION: PRELIMINARY DOSIMETRIC FINDINGS OF A PHASE IV TRIAL	144	Published – April 2010	IJROBP (Red Journal)
Wilder, et al./ Irvine, CA CONTURA AND MAMMOSITE BRACHYTHERAPY IN 'INTERMEDIATE-RISK' BREAST CANCER PATIENTS	52	Accepted – October 2009	The Breast Journal
Wilder, et al./ Irvine, CA PRELIMINARY RESULTS WITH ACCELERATED PARTIAL BREAST IRRADIATION IN HIGH-RISK BREAST CANCER PATIENTS	204	Accepted – October 2009	Brachytherapy
McLaughlin et al./ WellStar Kennestone INITIAL RADIATION EXPERIENCE EVALUATING EARLY TOLERANCE AND TOXICITIES IN PATIENTS UNDERGOING ACCELERATED PARTIAL BREAST IRRADIATION USING THE CONTURA MULTI-LUMEN BALLOON (MLB) BREAST BRACHYTHERAPY CATHETER	41	Published – April 2009	Brachytherapy
Wilder, et al./ Irvine, CA A CONTURA CATHETER OFFERS DOSIMETRIC ADVANTAGES OVER A MAMMOSITE CATHETER THAT INCREASE THE APPLICABILITY OF ACCELERATED PARTIAL BREAST IRRADIATION	45	Published – October 2009	Brachytherapy



SAVI 4.5 Year Comparison

	SAVI 4.5 yr ASTRO 2013 ⁱ	ASBS MammoSite Registry 5 yr Ann Surg Oncol 2013 ⁱⁱ
# of Pts/Follow-up	101 pts/54 mo	1449 pts/63 mo
Telangiectasia	2.0%	Not reported
Seroma	2.0%	13.4%
Fat necrosis	0.0%	2.5%
Recurrence	2.0%	2.8%

ⁱYashar C, et al. Outcomes for APBI with Strut-based Brachytherapy: 101 Patients at 4.5 Years Median Follow Up. Poster presentation at the 55th Annual Meeting of the American Society for Radiation Oncology, September 22–25, 2013.

ⁱⁱShah C, et al. Treatment Efficacy with Accelerated Partial Breast Irradiation (APBI): Final Analysis of the American Society of Breast Surgeons MammoSite(®) Breast Brachytherapy Registry Trial. Ann Surg Oncol. 2013 Oct; 20(10): 3279-85.

SAVI:

Favorable Toxicity Rates at 4.5 Years

	Yashar, et al ASTRO 2013 ⁱ	Hong, et al ASTRO 2013 ⁱⁱ	Yashar, et al IJROBP 2010 ⁱⁱⁱ
# of Pts/Follow-up	101 pts/54 mo	576 pts/36 mo	102 pts/22 mo
Hyperpigmentation	0%	0.2%	-
Telangiectasia	2%	1%	1.9%
Symptomatic seroma	2%	3.1%	1.9%
Fat necrosis	0%	0.7%	1.9%

Toxicity rates defined by CTCAE v.3

ⁱYashar C, et al. Outcomes for APBI with Strut-based Brachytherapy: 101 Patients at 4.5 Years Median Follow Up. Poster presentation at the 55th Annual Meeting of the American Society for Radiation Oncology, September 22–25, 2013.

ⁱⁱHong R, et al. Outcomes for APBI with the Strut-based Brachytherapy Applicator in 576 Patients. Poster presentation at the 55th Annual Meeting of the American Society for Radiation Oncology, September 22–25, 2013.

ⁱⁱⁱYashar C, Scanderbeg D, et al. Initial Clinical Experience with the Strut-Adjusted Volume Implant (SAVI) Breast Brachytherapy Device for Accelerated Partial-Breast Irradiation (APBI): First 100 Patients with More than 1 Year of Follow Up. Int J Radiat Oncol Biol Phys. 2011 Jul 1; 80(3): 765-70.



RTOG
RADIATION THERAPY
ONCOLOGY GROUP

Long-term outcome from RTOG 9517: A phase III trial study of accelerated partial breast irradiation (APBI) with multicatheter brachytherapy (MCT) following lumpectomy for early-stage breast cancer.

J. White, K. Winten, R. Kuske, J. Bolton, D. Arthur, T. Sroggins, R. Rabinovitch, L. Kelly, L. Tonkeli, F. Vicini, B. McCormick

Ohio State University, Radiation Therapy Oncology Group, University Breast Cancer Specialists, Cancer Clinic, All rights reserved. University of Colorado, Memorial Hospital, Memorial Sloan-Kettering

BACKGROUND

- Completion of APBI is standard in breast irradiation (BT) for lumpectomy for breast cancer as a partial breast irradiation (PBI) option.
- The outcome from randomized clinical trials evaluating the efficacy of APBI is consistent to standard BT (20 years ago).
- However, APBI has increasing clinical acceptance in clinical practice mainly among program sites.
- Consequently, brachytherapy is one of the primary methods of APBI. BT is usually provided through breast boosters.
- RTOG 9517 was designed to evaluate the efficacy of APBI with multicatheter brachytherapy (MCT) compared with standard BT.
- Initial data up from the trial indicate that both arms deliver similar outcomes from **multicatheter APBI**.

RTOG 95-17 STUDY DESIGN

RTOG 95-17 Treatment

ELIGIBILITY (Select)

- Stage III early-stage breast cancer (T1-2N0)
- Female patients (breast, axilla, skin)
- ECG within 6 weeks; normal pulmonary function
- Not on systemic anti-cancer therapy
- Not on systemic anti-cancer therapy

OBJECTIVES

- Primary: To determine whether radiation therapy delivered with multicatheter brachytherapy (MCT) is superior to standard BT with respect to local and regional recurrence rates in multicatheter APBI.
- Secondary: To measure quality of life, patient satisfaction, and cosmetic results with MCT brachytherapy as the sole radiation therapy.
- Tertiary: To determine whether breast boosters (BT) compared to breast boosters with APBI (APBI + BT) and breast boosters (BT) compared to breast boosters with APBI (APBI + BT) are superior to breast boosters with APBI (APBI + BT) with respect to local and regional recurrence rates.

RESULTS

PATIENTS

EFFICACY

Table III. Local and Regional Cancer Events

Table IV. Patient Population

Table V. Patterns Regional/Node Failure (n=8)

Table VI. Causes of Death

Table VII. Distal Metastases and Survival

CONCLUSIONS

- This multi-institution phase III trial studying MCT-APBI continues to report durable local/regional cancer control rates with long-term follow-up.
- The most common site of breast recurrence is within the targeted APBI volume with only 1 failure occurring elsewhere in the breast.

REFERENCES

1. White J, Winten K, Kuske R, et al. Breast Cancer. J Clin Oncol. 2013;31(11):1357-1366.

2. White J, Winten K, Kuske R, et al. Breast Cancer. J Clin Oncol. 2013;31(11):1357-1366.

3. White J, Winten K, Kuske R, et al. Breast Cancer. J Clin Oncol. 2013;31(11):1357-1366.

RTOG 95-17: Treatment Details

Brachytherapy:

Arm 1:

- LDR 45 Gy/3.5–6 days

Arm 2:

- HDR 34 Gy/10 fractions/5–7 days (3.4 Gy twice daily separated by 6 hours)



Patients

- Total patients entered: 100
- Ineligible: 2
- Analyzed: 98
- Median follow-up: 12.1 years

RTOG 95-17: Efficacy

	#	(%)	<u>5 year</u> # at risk	<u>10 year</u> (%) # at risk	
ISOLATED in-breast recurrence	4	3.1	84	4.2	68
In field	3	2.1	85	3.1	69
Out of field	1	1.0	85	1.0	69
In-breast & regional recurrence	2	1.0	84	2.1	68
ALL In-breast recurrences	6	4.1	86	6.2	69
ISOLATED regional recurrence	3	3.1	84	3.1	68
ALL regional recurrences	5	4.1	87	5.2	71
ANY local-regional recurrence	9	7.2	84	9.3	68
Contralateral breast cancer	5	3.1	88	4.2	70



10-Year Published Data WBI vs. APBI With Interstitial

- Matched Pair Analysis – Beaumont/F. Vicini
 - 199 patient clinical match
 - Tumor size, nodal status, age, margins, ER status, Tam
 - Comparing WBRT to APBI (interstitial)
 - Results
 - Local control rates: **WBI = 4%, APBI = 5%**



Int. J. Radiation Oncology Biol. Phys., Vol. 74, No. 2, pp. 447–452, 2009

APBI — Phase III Trials

- Ten Phase III trials
- Four PBI techniques:
 - Brachytherapy RT (Interstitial/MammoSite)
 - NSABP B-39/RTOG 0413
 - GEC-ESTRO Working Group
 - National Institute of Hungary
 - Single-Fraction Intra-Operative RT
 - European Institute of Oncology
 - University College of London
 - Fractionated External Beam RT
 - NSABP B-39/RTOG 0413
 - National Institute of Hungary
 - Canadian Phase III trial
 - Medical Research Council-UK
 - Barcelona
 - Florence
 - Spain



National Institute of Oncology

- Budapest, Hungary -

- Schema:
 - Arm I: External Beam Whole Breast RT
 - 50 Gy in 25 fractions
 - Arm II: Partial Breast Irradiation
 - Brachytherapy: 5.2 Gy x 7
 - 258 enrolled (Trial Closed)
 - Trial closed to support GEC-ESTRO Phase III trial

National Institute of Oncology

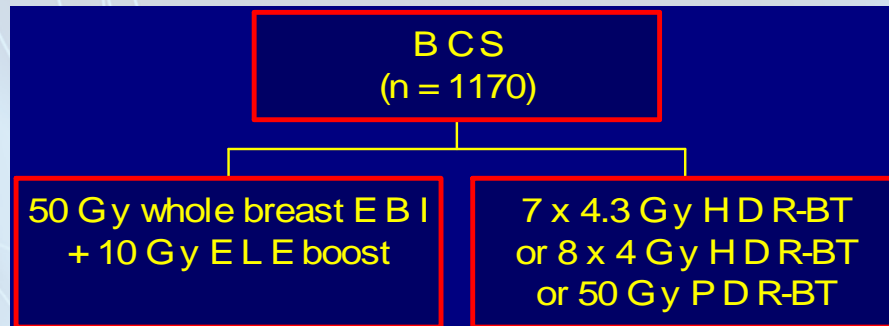
- Budapest, Hungary -

- Results/New Data:
 - Presented at ESTRO 2012
 - 10-year update (median f/u: 120 months)
 - No differences noted in local failure
 - 5.9% vs. 5.1%
 - 81% E/G cosmesis with APBI vs. 63% with WBI

Radiother Oncol 2013
Jun 3
S0167-8140(13)00220-X



GEC-ESTRO — Multicenter Phase III Trial



Status:

Activated May 2004

Accrual:

1195 enrolled, 2009 (closed)

GEC-ESTRO — Multicenter Phase III Trial

Presented at ESTRO 2012

No differences in toxicity at 5 years!

Outcome data not yet reported

Results should be available on efficacy in 2014



NSABP B-39/RTOG 0413

Phase III APBI Trial

Eligible Patients with Lumpectomy

RANDOMIZED

Whole Breast Irradiation after
Adjuvant Chemotherapy

50 Gy (2.0 Gy/fraction) or
50.4 Gy (1.8 Gy/fraction) to whole breast,
followed by optional boost to ≤ 60 Gy

Partial Breast Irradiation prior to
Adjuvant Chemotherapy

For a total of 10 treatments given on 5 days
over 5 to 10 days:

34 Gy in 3.4 Gy fractions
Interstitial Brachytherapy or
MammoSite Balloon Catheter
or
38.5 Gy in 3.85 Gy fractions
3D Conformal External Beam

NSABP B-39/RTOG 0413

- Open:
 - March 21, 2005
- Accrual:
 - Completed May 2013: **4216**
- Participating Sites:
 - 78 – NSABP
 - 142 – RTOG/CTSU
- PBI Technique:
 - 71.0%: 3D Conformal
 - 23.3%: MammoSite
 - 5.7%: Interstitial
 - 0.2%: SAVI (5 cases)
 - 0.1%: Contura (3 cases)



NSABP B-39/RTOG 0413

- Open:
 - March 21, 2005
- Accrual:
 - Completed May 2013: **4216**
- Participating Sites:
 - 78 – NSABP
 - 142 – RTOG/CTSU
- PBI Technique:
 - 71.0%: 3D Conformal
 - 23.3%: MammoSite
 - 5.7%: Interstitial
 - 0.2%: SAVI (5 cases)
 - 0.1%: Contura (3 cases)

NSABP B-39/RTOG 0413

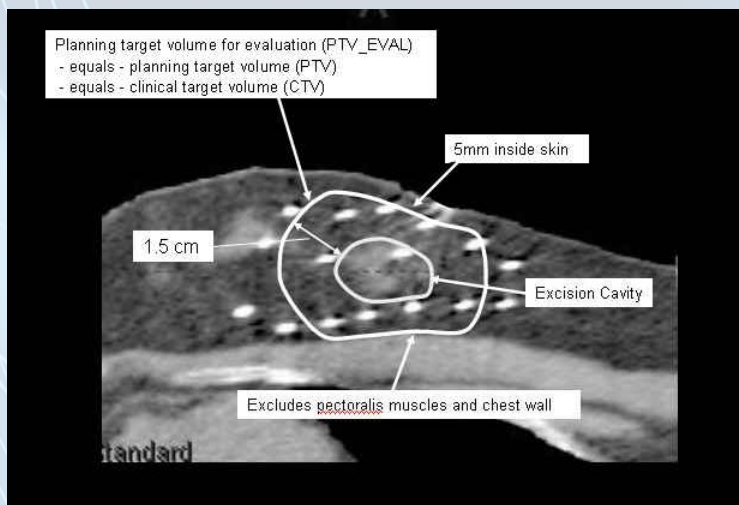
- Current Status -

- Toxicity:
 - Adverse events, including toxicities, second primary cancers and deaths monitored continuously (q/month)
 - Progress reports presented to Data Monitoring Committee (DMC) at 6-month intervals (reviewed internally monthly)
 - To date, DMC has found no reason for concern
 - Majority of dermatologic toxicities, pain, fibrosis-cosmesis, infection, etc., have been Grade 1 and 2 (<2% grade III)
- *Int J Radiat Oncol Biol Phys.* 2010 May 1;77(1):317



Multicatheter Brachytherapy Target Volume Definitions

**CTV = PTV = PTV_EVAL = 1.5-cm expansion of cavity
(5 mm within skin and bounded by posterior breast extent)**



Multicatheter Brachytherapy

Dose: 3.4 Gy bid x 5 days – 34 Gy

Normal tissue: <60% of the whole breast reference volume should receive $\geq 50\%$ of the prescribed dose

Dose homogeneity:

Volume of tissue receiving:

150% (V150) of the prescribed dose ≤ 70 cc

200% (V200) of the prescribed dose ≤ 20 cc

Dose Homogeneity Index will be $\geq .75$

DHI = the volume ratio $(1 - V150/V100)$



Multicatheter Brachytherapy

Acceptable:

- Dose volume analysis of target will:
 - Confirm that $\geq 90\%$ of the prescribed dose is covering $\geq 90\%$ of the PTV_EVAL
- Dose homogeneity criteria met
- Critical normal tissue DVHs within 5%
- Dose delivered over 5–10 days

Multicatheter Brachytherapy

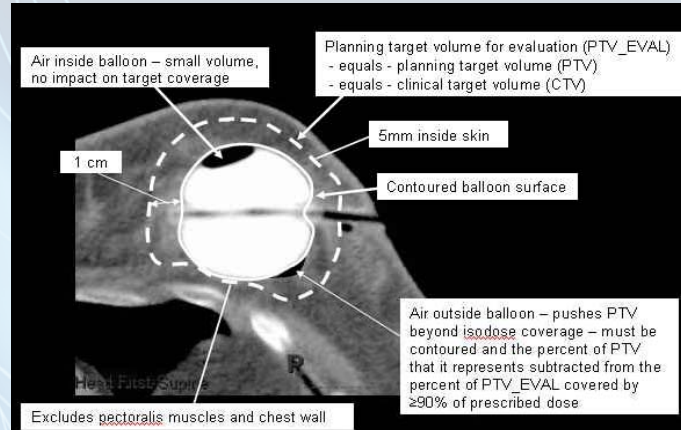
Unacceptable:

- Dose volume analysis of the target volume
 - $< 90\%$ of the prescribed dose and/or $< 90\%$ coverage of the PTV_EVAL
- Dose homogeneity criteria are not met
- Critical normal structure DVH exceeds 5%
- Dose delivered over a period of time extending > 10 days



MammoSite Brachytherapy Target Volume Definitions

**CTV = PTV = PTV_EVAL = 1.0-cm expansion of cavity
(5 mm within skin and bounded by posterior breast extent)**



MammoSite Brachytherapy

Dose: 3.4 Gy bid x 5 days – 34 Gy

Normal tissue:

<60% of the WBRV should receive \geq 50% of the prescribed dose

Tissue-balloon conformance:

measure trapped air

Balloon symmetry:

physical geometry will not deviate >2 mm

Minimal balloon surface-skin distance:

ideally \geq 7 mm,
if 5–7 mm, then confirm skin dose <145%

Dose homogeneity:

Volume of tissue receiving:
150% (V150) of the prescribed dose \leq 50 cc
200% (V200) of the prescribed dose \leq 10 cc



MammoSite Brachytherapy

Acceptable:

- All four parameters must be met
 - Dose volume analysis of target will:
 - Confirm that $\geq 90\%$ of the prescribed dose is covering $\geq 90\%$ of the PTV_EVAL
 - The volume of trapped air/fluid will be accounted for:
- $$\%PTV_EVAL\ coverage - [(vol\ trapped\ air/vol\ PTV_EVAL) \times 100] = \geq 90\%$$
- Critical normal tissue DVHs within $<5\%$
 - Dose delivered over 5–10 days

MammoSite Brachytherapy

Unacceptable:

- Any of the parameters not met
- Dose volume analysis of the target volume
 - $<90\%$ of the prescribed dose and/or $<90\%$ coverage of the PTV_EVAL
 - The volume of trapped air/fluid will be accounted for as previous
- Critical normal structure DVH exceeds 5%
- If dose delivered over a period of time extending >10 days



IORT?

- Radiation delivered without final pathology
 - Re-excision required?
 - Nodal radiation required?
- Dedicated equipment in the O/R
- Scheduling surgeon and radiation oncologist
- Lack of dosimetric Q/A
 - Tissue to applicator conformance?
 - True margin/target coverage

Brachytherapy Alternative to Intra-op RT? 2-Day Device-based APBI (4 fractions)

- Post-pathology patient selection
- Image-guided treatment with recordable parameters of quality
- Familiar technique, no added cost to implement
- Established RTOG/NSABP sites active in breast brachytherapy



Four-Year Results Using Balloon-Based Brachytherapy to Deliver Accelerated Partial Breast Irradiation With a Two-Day Dose Fractionation Schedule

Ben Wilkinson, MD
Frank A. Vicini, MD, FACR

Methods

- Prospective, Phase II trial, 45 patients, activated Jan 2004
- APBI using MammoSite RTS (single-lumen)
- Incl: age >40 years, T <3 cm, N+ <3, negative margin, skin distance >7 mm
- Excl: >3 LN, ECE, prior BrCa, DM, EIC, Collagen Vasc Dz
- 2800 cGy in 4 fractions over 2 days, Rx to 1 cm from surface
- Dwell positions: single (n=35), three (n=9), five (n=1)
- Primary endpoints: OS and LR
- Secondary endpoints: acute/chronic toxicity, adverse events, RNF, DM, DFS, and CSS



Results

- Median age 66 (range 48–83), size 0.6 cm (0.2–2.3 cm), 5% LN + (n=2), median f/u: 3.7 years (2.4–7.0 years)
- Toxicities (all chronic toxicities ≤ grade 2)
- Fat necrosis and seroma associated with incr. balloon fill vols ($P = 0.01$)
- Rib fx (n=3) not associated with D_{max} rib ($P = 0.31$); 2 fx patients $D_{max} \geq 160\%$ Rx

	Erythema/ Hyperpigmentation		Induration (Fibrosis)		Fat Necrosis		Seroma		Rib Fx
	Gr 1	Gr 2	Gr 1	Gr 2	Gr 1	Gr 2	Gr 1	Gr 2	Gr 2
Acute	53%	9%	4%	0%	0%	0%	7%	0%	4%
3 yrs	27%	2%	32%	2%	29%	0%	51%	7%	7%
4 yrs	18%	2%	44%	7%	18%	0%	42%	0%	0%

Results

- Length of implant: 4.8 days (range 3–10 days) with current trial vs. 8.6 days (range 6–14 days) institutional average for typical 5-day fractionation pattern (79% reduction) ($P < 0.001$)
- Cosmesis: 65% good + 31% excellent = 96% overall good or excellent cosmetic result
- Clinical outcomes: (no local/regional failure, 2 patients with DM)

IBTR	RNF	DM	DFS	CSS	OS
0%	0%	4%	96%	100%	93%



Limitations

- Small sample size, non-randomized
- Short follow-up

Conclusions

- Similar clinical outcomes vs. historical reports of APBI using 5-day fractionation
- Acceptable rates of chronic toxicity
- 7-year data recently analyzed: No change!!!!



Update on Phase II “Overnight” Study

PIs: Khan, Arthur, Vicini

Sponsor: CR Bard (Murray Hill, NJ)

- 3 cohorts of 30 patients (n=90) with predefined stopping criteria for toxicity
- 4 fractions (7 Gy x 4), 3 fractions (8.25 Gy x 3), 2 fractions (10.25 Gy x 2)
- Primary endpoint: Assuming true LRR is 3%, upper limit of a 95% confidence interval (calculated using the Wilson method) will exclude 10% rate with 90 patients
- 30 women on cohort 1, median f/u 28 months
- 30 women on cohort 2, >6 months f/u
- No > grade 2 toxicity events, no safety events

Contura Overnight Trial Study Design

- Acceptable rates of toxicities in each 30 patient cohort includes:
 - ≤10 in-breast complications > Grade II
i.e.,
Acute skin toxicity
Severe fibrosis
Telangiectasia
Infection
Symptomatic fat necrosis
Breast pain requiring narcotics
 - AND
 - ≤1 non-breast complication > Grade II
i.e.,
Rib fracture
Acute pneumonitis



Study Endpoints

Primary: Local control

- Success if locoregional failure rate is $\leq 10\%$ at 3 years

Secondary:

- Toxicity: acceptable rates (as previously stated)
- Cosmesis: good/excellent rates exceed 80% at 3 years

Dosimetric Criteria

- Target coverage: 95/95 (with 5% relaxation)
- V150: ≤ 40 cc
- V200: ≤ 10 cc
- Max skin dose: 100% PD
- Max rib dose: 100% PD



Future Goals

- Continue and complete accrual to Overnight trial
- Randomized phase II or III in NRG with toxicity/QOL endpoints?
- Readjust dose to reflect 50 Gy = 6.25 Gy x 4
- “Suitable” patients are eligible
- Conduct Registry Trial:
 - Any intracavitary device that meets dosimetric criteria!
 - ASTRO suitable patients only

Thank You!