

***Prenatal Counseling Checklist***  
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**Step 1:**

- Comprehensive Prenatal Diagnostic Work-up
  - Prenatal 2D/3D Ultrasound
    - Confirm anatomy of lip (Unilateral Versus Bilateral)
    - Assess palate if possible
    - Assess for additional craniofacial anomalies
  - Fetal MRI
    - Confirm palate involvement
    - Assess for additional craniofacial anomalies
    - Assess for CNS (central nervous system) malformation
  - Fetal Echo
    - Assess for congenital cardiac malformations
  - Prenatal Genetic Screening
    - Assess risk for aneuploidies
    - Determine need for any additional testing
    - Meet with genetic counselor
  - Maternal Fetal Medicine Consultation
    - Review medical data
    - Determine birth plan

**Step 2:**

- Prenatal Counseling with Craniofacial Specialist (i.e., plastic surgeon)
  - Discuss specific anatomic findings based on prenatal imaging
  - Review benefits of comprehensive cleft care (i.e., team care)
  - Discuss timeline of cleft surgery and repair
  - Review potential cleft challenges (i.e., feeding) and management
  - Review options for presurgical setup
  - Review patient photos across full spectrum of clefting
  - Discuss preparation for cleft surgery

**Step 3:**

- Choosing a Cleft Lip and Palate Team
  - Find team with expertise to match your child
  - Review ACPA approved team site
  - Find team which fits your goals/personality

**Step 4:**

- Building a Cleft Community
  - Connect with other families with call list
  - Consult national resources (i.e., myFace.org, ACPA [American Cleft Palate Craniofacial Association])
  - Connect with local support groups
  - Social Media engagement/support
  - Build in personal and marital supports around cleft diagnosis